

# 名校周考阶梯训练

## 英语 人教版 必修第一册

### 1. WELCOME UNIT & TEENAGE LIFE(一)

(时间:40 分钟 满分:60 分)

完形填空(共 15 小题;每小题 2 分,满分 30 分)

阅读下面短文,从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

I was travelling on a bus. The bus was so 1 that many people had to stand in the aisle(过道), including me. The people sitting near the windows 2 happy faces, while the people seated near the aisle were 3 with the standing persons who had to sometimes touch their shoulders.

After about two hours, I was feeling extremely 4. I tried to balance myself and move the body weight from one leg to the other to feel a little comfortable. I 5 sensed a soft hand touching my arm. I thought this man sitting near me must be 6 that my body was touching his shoulder. I 7 and looked down at him with a questioning expression. The man 8 me with a kind smile on his face. He stood up and 9 me that I could take his seat for a few minutes. I was very surprised and immediately sat down without wasting a second. He was happily standing in my place and looking around in 10. Another 20 minutes passed and I stood up and let him take his 11.

A person who was seated near the window was watching us. He stood up and 12 his seat to another standing man. Suddenly this game of 13 spread around and almost all the standing people could sit for a few minutes. People were talking to each other while 14 the seats. Needless to say, the rest of the journey became quite 15.

- |                    |                 |                |                   |
|--------------------|-----------------|----------------|-------------------|
| 1. A. dirty        | B. crowded      | C. messy       | D. dark           |
| 2. A. pretended    | B. preferred    | C. wore        | D. stored         |
| 3. A. unhappy      | B. strict       | C. familiar    | D. patient        |
| 4. A. annoyed      | B. tired        | C. frightened  | D. excited        |
| 5. A. suddenly     | B. actually     | C. obviously   | D. eventually     |
| 6. A. anxious      | B. curious      | C. upset       | D. confident      |
| 7. A. came along   | B. fell apart   | C. calmed down | D. turned around  |
| 8. A. kept up with | B. looked up at | C. lived up to | D. got along with |
| 9. A. promised     | B. wished       | C. warned      | D. told           |
| 10. A. shock       | B. doubt        | C. amusement   | D. surprise       |
| 11. A. breath      | B. seat         | C. flight      | D. responsibility |

- |                   |             |              |            |
|-------------------|-------------|--------------|------------|
| 12. A. delivered  | B. returned | C. offered   | D. passed  |
| 13. A. competing  | B. cheating | C. surviving | D. sharing |
| 14. A. exchanging | B. taking   | C. searching | D. holding |
| 15. A. enjoyable  | B. painful  | C. boring    | D. long    |

阅读(共 8 小题;每小题 2.5 分,满分 20 分)

阅读下列短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

**A**

Last weekend, a couple, Katie and Zack Watson, headed to Birmingham to see Garth Brooks' concert. They were supposed to attend the show with an old friend, but their friend was in hospital because of his long-term staying up late to work and couldn't go.

"We have the third ticket. We try to give it away. It is just sitting out there, no takers," Katie said. They were staying in a Homewood hotel and thought a Uber would be the best way to get to the concert. Their first Uber driver canceled the order, and the clock was ticking. Katie called another Uber driver and hoped for the best. "Your driver is Vicky," came the message from Uber.

On the way to the stadium, Vicky told the couple about how much she loved Garth Brooks. She was not even from Birmingham but came to drive people in the area. "I guess you're heading to the Garth Brooks' concert," said Vicky. "I love Garth so much—seeing one of his concerts is on my dream list. Someday I might get a chance to see him in person. He has such a beautiful soul."

Zack and Katie looked at one another and smiled. "Would you like to go to the concert with us?" Katie asked. Vicky's heart jumped. A country girl from Guin, Alabama, got a chance to see Garth Brooks? "Look, there's an empty parking spot!" shouted Katie. "Quick, Vicky! Pull in to the space and you can go to the concert with us!"

The three new friends sat together for hours at Protective Stadium—a memory of all three would last forever.

"There's no doubt that getting to take Vicky to the concert makes me feel good," Katie said. "It is the least we can do, and we believe it really made Vicky's night."

Vicky said she felt exultant, and she was reminded that there are good people in the world. "Zack and Katie are so kind. I still can't believe I once was inside the stadium," she said. "I'm just a country girl at heart. A country girl who achieved a dream."

16. What made the couple's old friend unable to attend Garth Brooks' concert?

- |                     |                         |
|---------------------|-------------------------|
| A. The bad weather. | B. His little interest. |
| C. His illness.     | D. The busy work.       |

17. What happened to the third ticket at last?

- |                              |   |
|------------------------------|---|
| A. Vicky used it.            | B. No one took it.                          |
| C. It was left in the hotel. | D. It was kept for the couple's old friend. |

18. What does the underlined word “exultant” in the last paragraph probably mean?

- A. Confused.                      B. Excited.                      C. Stressed.                      D. Bored.

19. What can we learn about Vicky?

- A. She is a bus driver.                      B. She is a fan of Garth Brooks.  
C. She was born in Birmingham.                      D. She is an old friend of the couple's.

## B

On the 5-square-metre balcony(阳台) of Zhong Lan's apartment, there is a mini-farm filled with lemons, tomatoes, eggplants and blueberries. Zhong's idyllic(田园诗般的) city lifestyle started in 2020 when people were required to work from home due to COVID-19. “I grew garlic(大蒜) for the very first time as I didn't want to throw it away. It grew roots in just seven or eight days. It opened up a new world to me,” she said. Zhong is not alone. An increasing number of city people have picked up the hobby of growing vegetables on their balconies as working from home has changed many people's lives in the cities across the country.

In the first quarter of 2022, sales of vegetable seeds on Taobao's Tmall rose quickly year on year, according to a report released by Taobao, China's e-commerce platform giant. Beijing, Shanghai and Hangzhou became the cities with the largest number of seed buyers in China, it added.

Zhong has started sharing her journey on social media this year, which has brought her more than 100,000 followers. In a chat group made up of over 100 young balcony green thumbs(园艺高手) across the country, they share the growth of their vegetables every day and discuss what plants are more suitable for balcony planting. “Balcony gardening can slow down the pace of busy city life. We grow the plants we like and look forward to the harvest, and experience the happiness of the idyllic moments,” Zhong said.

Chinese city managers and social organizations are also looking for new methods to rebuild the relationship between city people and nature through vegetable gardens. The government of Guangzhou, capital of Guangdong, started a city vegetable garden project last March, providing seeds and farm tools as well as organizing agricultural experts to provide online Q&A for local people, in an effort to encourage them to get in touch with nature through balcony planting.

20. The following cities had the largest number of seed buyers in the first quarter of 2022 EXCEPT \_\_\_\_\_.

- A. Guangzhou                      B. Beijing  
C. Hangzhou                      D. Shanghai

21. What do the members of Zhong's chat group do?

- A. Grow crops in the field.                      B. Create 100 vegetable balconies.  
C. Share ideas about balcony planting.                      D. Exchange their travel experiences.

22. What's the purpose of Guangzhou's vegetable garden project?

- A. To seek new ways of vegetable growing.  
B. To organize agricultural experts together.  
C. To choose proper tools for balcony planting.  
D. To encourage people to get close to nature.

23. What's the best title for the text?

- A. Zhong's Success of Balcony Gardening  
B. Balcony Gardening's Effect on Seed Sales Online  
C. Balcony Gardening's Rising Popularity Among City People  
D. Chinese Government's Contribution to Balcony Gardening

### 选择题答题栏

[illegible]

写作(满分 10 分)

你校英文报正在征集以“My Parents”为题的英文稿件,请你写一篇短文投稿。内容包括:

1. 对父母关爱的理解；
2. 感恩父母。

注意:1. 写作词数应为 80 左右;

2. 请按如下格式在相应位置作答。

## My Parents

[illegible]

# 名校周考阶梯训练

## 英语 人教版 必修第一册

### 2. WELCOME UNIT & TEENAGE LIFE(二)

(时间:40 分钟 满分:60 分)

阅读(共两节,满分 20 分)

第一节 (共 3 小题;每小题 2.5 分,满分 7.5 分)

阅读下面短文,从每题所给的 A、B、C、D 四个选项中选出最佳选项。

#### Cape Cod National Seashore

Sunbathing, swimming, surfing, fishing, campfires, and hiking: All of your favorite day-at-the-beach activities await at the Cape Cod National Seashore.

Great Island Trail is a network of sandy paths, including a 4.7-mile top hiking loop(环路) connecting Great Island and Great Beach Hill. Challenges here include walking on soft sand and being mindful of rising water, which can block your path. Find parking at the corner of Griffin Island and Chequessett Neck Road.

Looking for a more traditional campground experience? You'll find it nearby at Nickerson State Park in Brewster, which has more than 400 tent(帐篷), camper, and RV sites. It's one of the best Cape Cod-area campgrounds. There are also several private campgrounds on the Outer Cape including Maurice's Campground in Wellfleet, which offers house rentals in addition to tent sites, plus the fresh seafood for sale at Maurice's Market.

Race Point Beach in Provincetown is wildly popular. In addition to miles of soft sand and nice sunsets, this beach is known for its attractive hotels. It's recommended to enjoy the breathtaking view with an experienced guide.

Head of the Meadow Beach in Truro is the least visited of the Cape Cod National Seashore beaches, but this hidden place is worth a visit for its Florida-like soft sand and its famous shipwrecks(沉船), where you can still see what remains of the Frances, which was lost at sea in December 1872.

1. Which is a top choice for hiking lovers?

A. Race Point Beach.

B. Great Island Trail.

C. Nickerson State Park.

D. Head of the Meadow Beach.

2. What are tourists advised to do on Race Point Beach?

A. Admire the view with a guide.

B. Ride a bike to the beach.

C. Buy tickets at the visitor center.

D. Taste some fresh seafood.

3. What is “the Frances” in the text?
- A. A country.

B. A family.

C. A beach.

D. A ship.

第二节（共 5 小题；每小题 2.5 分，满分 12.5 分）

阅读下面短文，从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Fear is a powerful feeling. We hope we can improve our kids with courage in the face of fear. We have to know how to help kids not be afraid. 4.

Pay attention to their fears.

Being afraid is one thing, but there’s nothing worse than being afraid and no one notices the kids’ fears. 5. At the same time, come beside them in dealing with fears.

Never laugh at them.

Laughing at your kids when they share what they are afraid of can make them feel small and afraid. 6, it doesn’t mean it’s silly to them. You’re an adult, so you’ve learned to deal with silly things, but your kids haven’t.

Solve their problems together.

When your kids are afraid, you’ve probably realized the worst thing you can do is to force them to face their fears alone. That’s not what great parents do for their kids. Once you understand their fears, you can begin to help them deal with whatever they are. 7, but also it will build confidence and a connection between you.

8.

It’s late at night. You just want to get your kids to bed, but they continue to be awake and say they are afraid. You need to stay patient as long as it takes. It is not wise for you to allow your kids to see your anger with them. Your anger will make your kids more afraid.

- A. Be patient
- B. Don’t make them angry
- C. Here are four things to do
- D. Take their fears seriously
- E. Tell your kids to learn to be clever, honest and kind
- F. Not only will this help them face their fears bravely
- G. If your kids share something that seems silly in your eyes

选择题答题栏

题号	1	2	3	4	5	6	7	8
答案								

语法填空(共 10 小题;每小题 1.5 分,满分 15 分)

阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

Tea is a healthy drink. Drinking tea in China could be considered as an art and to help people achieve a sense of calm and renewed energy. It is also 9 way to enjoy life better.

Stories 10 are about the discovery of tea are different depending on the people who you ask, but we know that Chinese people have been drinking tea since Shennong, 5,000 years ago. Usually, tea 11 (believe) to be medicinal, and is so central to 12 (day) life that an old Chinese saying includes tea in a list of seven important contents to be gathered each morning, along with firewood, rice, oil, salt, soy and vinegar.

Tea serves three primary 13 (purpose) traditionally in Chinese society: to show status, to bring people together and to improve wellness.

Drinking tea together is a sign of respect. In ancient times, “tribute tea”(贡茶) was 14 (special) kept for and presented to the Emperor. Tea still has a place in the life of the average people. It is common 15 (give) guests a cup of tea to welcome them into the home. But tea is more than a key of social customs. It is meant to act 16 a medium through which people can become much 17 (close) to nature. Drinking tea out in nature will create a spiritual connection to the environment and make people feel 18 (relax).

9. \_\_\_\_\_ 10. \_\_\_\_\_ 11. \_\_\_\_\_ 12. \_\_\_\_\_ 13. \_\_\_\_\_

14. \_\_\_\_\_ 15. \_\_\_\_\_ 16. \_\_\_\_\_ 17. \_\_\_\_\_ 18. \_\_\_\_\_

写作(满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

There was a rich couple who was throwing a big new year party at their house. So they went shopping at the market where everything was very expensive. However, they didn't mind paying for it. After buying all they needed, they called a porter to carry everything and drop it at their home. The porter(搬运工) was of an old age, looking unhealthy. His clothes were torn, and he looked as if he wasn't able to meet his daily needs.

They asked the porter about the charges for delivering their goods to their home. The old porter said it was just \$20. It was well below the market rate for delivering goods to the couple's home in his cart. Yet the couple bargained with the porter and finally settled for \$15. The couple was very happy thinking how well they bargained with the poor porter. They paid him \$15 in advance and left after giving the porter their address for delivery.

They reached their home and an hour passed, and two hours passed, but the porter still didn't deliver their things. The wife started to get angry with her husband, “I always tell you

not to trust such person who is not even able to earn to feed himself. You never listen to me. You handed him everything we bought for our big party. I am sure instead of delivering to our home, he must have disappeared with everything. We must immediately go back to the market and then to the police station.”

- 注意:1. 续写词数应为 150 左右;  
2. 请按如下格式在相应位置作答。

They both left for the market. \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---

The porter replied, “Madam, please calm down. \_\_\_\_\_

---

---

---

---

---

---

---

---

---

---