# 名校周考阶梯训练

# 英语 人教版 选择性必修第一册

# 1. PEOPLE OF ACHIEVEMENT( -)

(时间:40 分钟 满分:60 分)

完形填空(共15小题;每小题2分,满分30~	完形值空(土	15.	N题:4	手小騎	24	.满分	30	分
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阅读下面短文,从每题所给的 A、B、C、D 四个选项中选出可以填入空白处的最佳选项。

One of the easiest things in the world is to become a fault-finder(找茬人). However, life can be 1 when you are not busy finding fault with it.

Several years ago I received a letter from seventeen-year-old Kerry, who described herself as a world-class fault-finder, almost always bothered by things. People were always doing things that let her down, and nothing was ever 2 enough. She was highly self-critical and also found fault with her friends. She became a really 3 person.

Unfortunately, it took a horrible accident to change her <u>4</u>. Her best friend was seriously hurt in a car crash. What made it almost <u>5</u> to deal with was that the day before the accident, Kerry had visited her friend and had spent the whole time criticizing her <u>6</u> of boyfriends, the way she was living, the way she related to her mother, and various other things she felt she needed to <u>7</u>. It wasn't until her friend was badly hurt that Kerry became <u>8</u> her habit of finding fault. Very quickly, she learned to appreciate life rather than to <u>9</u> everything so harshly(刻薄地). She was able to transfer her new wisdom to other parts of her <u>10</u> as well.

Perhaps most of us aren't as extreme at fault-finding, but when we're honest, we can be <u>11</u> critical of the world. I'm not suggesting you <u>12</u> problems, or that you pretend things are <u>13</u> than they are, but simply that you learn to allow things to be as they are—at least most of the time, and especially when it's not a really big 14.

Train yourself to "bite your tongue", and with a little <u>15</u>, you'll get really good at letting things go. And when you do, you'll get back your enthusiasm and love for life.

0 00	, , ,	,	
1. A. lonely	B. quiet	C. great	D. uneasy
2. A. old	B. good	C. brave	D. careful
3. A. boring	B. caring	C. interesting	D. surprising
4. A. explanation	B. plan	C. measure	D. attitude
5. A. urgent	B. unnecessary	C. certain	D. impossible
6. A. memory	B. notice	C. choice	D. evidence
7. A. hear	B. express	C. contribute	D. admit
8. A. aware of	B. afraid of	C. curious about	D. confused about
9. A. discuss	B. judge	C. realize	D. settle

10. A. family B. education C. career D. life 11. A. mildly B. surely C. sharply D. hopefully 12. A. ignore B. create C. solve D. face 13. A. rarer B. better C. stranger D. worse C. deal 14. A. task B. result D. duty 15. A. pity B. speech C. rest D. practice

阅读(共8小题;每小题2.5分,满分20分)

阅读下列短文,从每题所给的A、B、C、D四个选项中选出最佳选项。

#### A

M-U-R-R-A-Y-A is the word that pushed Zaila Avant-garde, 15, to victory in the 2021 Scripps National Spelling Bee. The annual event took place in July, 2021, in Florida.

After correctly spelling Murraya, which is a type of flowering tree, Zaila became the first Black American contestant ever to win the national title. She is the second Black winner, after Jody-Anne Maxwell of Jamaica, who won the bee in 1998.

Since 1925, the Scripps spelling bee has promoted literacy. Competing in the event helps students improve their spelling, increase their vocabularies and develop self-confidence.

Zaila, who is from Harvey, Louisiana, put in a lot of work to become the top speller. She studied for two years. "I worked with a tutor and studied some days up to seven hours," she said.

In addition to being an award-winning speller, Zaila enjoys juggling, playing basketball and inspiring other students. "Whether I'm studying for spelling bees or playing basketball," she said, "the main motivation for me is to inspire others."

In the months following her spelling bee win, Zaila made several television appearances. She was also named the 2021 SportsKid of the Year by Sports Illustrated.

The rising star is not finished. She has big goals for the future. "I'd like to play basketball at Harvard, play in the WNBA, become a head coach in the WNBA, and work for NASA," she said.

Zaila's parents introduced her to basketball when she was a young child. After receiving a copy of the Guinness Book of World Records on her eighth birthday, she set her sights on becoming a record holder. "When I looked in the book," she said, "I decided that I wanted to be in it." Now, at the age of 15, Zaila holds three world records.

16. What is the main purpose of the Scripps spelling bee?

A. Getting good grades in school.

B. Raising reading efficiency.

C. Improving spelling ability.

D. Grasping new learning ways.

17. When did Zaila start to prepare for the spelling competition?

A. At the age of 8. B. At the age of 13. C. At the age of 14. D. At the age of 15.

18. What is known about Zaila's big goals?

A. They are about spelling.

B. They are easy to achieve.

C. Being a star is her favourite. D. Being a head coach is one of them.

19. What inspired Zaila to hold many world records?

A. A birthday gift.

B. Her parents' hope.

C. Her teacher's guide.

D. Her wild imagination.

В

Helen Thayer, one of the greatest explorers of the 20th century, loves challenges. She says, "I like to see what's on the other side of the hill." She has gone almost everywhere to do that.

In 1988, at the age of 50, she became the first woman to travel alone to the North Pole. She pulled her own sled piled with 160 pounds of supplies, and during her trip no one brought her fresh supplies. Accompanied only by her dog Charlie, she survived cold weather and meetings with polar bears. In fact, Charlie saved her life when one of them attacked her. Near the end of her trip, a forceful wind blew away the majority of her supplies. The last week of the trip, she survived on a handful of nuts and a little water each day.

Helen goes to challenging places not only for adventure, but also for education. Before her Arctic journey, she started a website called Adventure Classroom. On the site, she shares her adventures in order to motivate(激发) students. She explains, "Although kids often see the world in a negative way, without hope for their future, we work to inspire them to set goals, plan for success and never give up..."

Helen grew up in New Zealand. Her parents were athletes and mountain climbers. Following her parents' example, she climbed her first mountain at 9. Later, she climbed the highest mountains in North and South America, the former USSR and New Zealand.

In 1996, she took on another challenge—the Sahara Desert. She and her husband, Bill, walked 2,400 miles across it! In 2001, she and Bill traveled on foot from west to east through the Gobi Desert in Mongolia. They hope to travel in mainland China into Sichuan and Tibet to study pandas this year.

Helen plans to continue taking trips. She'll use her explorations, writing, photography and environmental work to create programs for her Adventure Classroom website. She wants to inspire her students never to stop facing challenges!

- 20. What can we learn from paragraph 2?
  - A. Helen Thayer is the first person to reach the North Pole.
  - B. Helen Thayer ate nothing during the last week of her trip.
  - C. Charlie prevented Helen being hurt by polar bears.
  - D. Helen Thayer traveled to the North Pole together with her husband.
- 21. Why does Helen travel to different places worldwide?

A. For education. B. For fun.

C. For money. D. For fame.

22. Which of the following places has Helen not visited yet?

A. The North Pole.

B. The Sahara Desert.

C. The Gobi Desert.

D. Sichuan and Tibet.

- 23. Which is the best title for the text?
  - A. The Woman Who Loves Adventure
- B. A Famous Woman

C. A Woman Mountain Climber

D. The Owner of Adventure Classroom

### 选择题答题栏

题号	1	2	3	4	5	6	7	8	9	10	11	12
答案												
题号	13	14	15	16	17	18	19	20	21	22	23	
答案												

#### 写作(满分10分)

假定你是李华,你所在的英语俱乐部请你通过电子邮件向留学生推荐一本你最喜欢的名人传记(biography)。主要内容包括:

- 1. 传记简介(如书名、作者及内容等);
- 2. 推荐的理由。
- 注意:1. 写作词数应为80左右;
  - 2. 请按如下格式在相应位置作答。

Dear friends,	

Yours, Li Hua

# 名校周考阶梯训练

# 英语 人教版 选择性必修第一册

# 2. PEOPLE OF ACHIEVEMENT(=)

(时间:40分钟 满分:60分)

## 阅读(共两节,满分20分)

第一节 (共3小题;每小题2.5分,满分7.5分)

阅读下面短文,从每题所给的A、B、C、D四个选项中选出最佳选项。

On Thursday, the following women will be introduced into the National Women's Hall of Fame,

#### Aretha Franklin

Franklin had dozens of hits over a half-century and her signature song, *Respect*, has stood as a cultural symbol. She won 18 Grammy awards and, in 1987, became the first woman introduced into the Rock and Roll Hall of Fame. Franklin died of cancer at her home in Detroit in 2018. She was 76.

#### Toni Morrison

Morrison helped raise American multiculturalism to the world stage. She was nearly 40 when her first novel, *The Bluest Eye*, was published. After just six novels, Morrison in 1993 became the first Black woman to receive the Nobel literature prize. She was 88 years old when she died in 2019.

### **Barbara Hillary**

Hillary loved traveling. She was 75 years old when she became the first Black woman to set foot on the North Pole(比极), and stood on the South Pole five years later. She died at 88 in 2019.

#### Johns Powell

Johns Powell was 16 years old in 1951, when she led a student strike for equal education at Moton High School in Farmville, Virginia. The students' strike led to the high court's 1954 decision that ruled "separate but equal" public schools illegal. Johns Powell died at 56 in 1991.

#### Mary Terrell

Born during the Civil War, Terrell was the first Black woman in the United States named to the school board of a major city, the District of Columbia. She was a founding member and the first president of the National Association of Colored Women and was a member of the National Association for the Advancement of Colored People and the Colored Women's League

of Washington.	Terrell	was a	devoted	civil	rights	activist	until	her	death	in	1954	at	the
age of 90.													
1. Who wrote <i>The Bluest Eye</i> ?													
A. Aretha Franklin. B. Johns Powell.													
C. Toni Morrison.				D. Mary Terrell.									

2. What was Barbara Hillary?

A. An adventurer. B. A civil rights activist.

C. A rock music singer.

D. A student movement leader.

3. When did separated public schools become illegal in the US?

A. In 1951. B. In 1954. C. In 1956.

C. In 1956. D. In 1991.

第二节 (共5小题;每小题2.5分,满分12.5分)

阅读下面短文,从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。

Do books unite us? Award-winning author and poet Kwame Alexander thinks so. 4.

Millions of young people around the world have read and loved his novels and poems.

On September 3, I spoke with Alexander at the National Book Festival. I asked about his new novel, *The Door of No Return*, which is due out on September 27 for young readers. 5.

## Did any experiences inspire you to write The Door of No Return?

<u>6</u>. Going there so much, tasting the food, meeting the people, and putting my feet in the ocean, I felt some type of warmness. I felt like I was connected to Ghana. I wanted to write a story that was based there. Those trips inspired me.

In the book, the character of Kofi is faced with an unexpected challenge. How do you think challenges can bring us together?

We can't figure everything out on our own. 7 . We realize that we have others around us who can support us, give us ideas and help us. That makes us a stronger family and community, and stronger, better people.

Characters in your books look and act like kids I know. Why do you think it's important to make your characters real and relatable?

Kids can tell if a character is fake, or if it's not real, and they get turned off. They don't want to read the book. I hope kids like not only the beginnings of my books but the ends of my books. 8.

A. I went to Ghana, in West Africa, 11 times

B. Truly appreciate people spreading the word

C. Sometimes, we need help from other people

- D. Alexander is the author of several best-selling titles
- E. Here are highlights from my conversation with the author
- F. In order to do that, I need to make the characters believable
- G. The author spent much of his childhood and teenage years in Virginia

#### 选择题答题栏

题号	1	2	3	4	5	6	7	8
答案								

## 语法填空(共10小题;每小题1.5分,满分15分)

阅读下面短文,在空白处填入1个适当的单词或括号内单词的正确形式。

Jane Goodall, 9 had intended to work with animals in their own environment since
her childhood, went to Africa. During her stay there, she committed <u>10</u> (she) to studying
the <u>11</u> (behave) of chimps. It was tough but she considered it as <u>12</u> vital job.
Through her study, we learned much more about chimps. She <u>13</u> (argue) that the life of
these animals should <u>14</u> (respect) and they should be left in the wild and not used <u>15</u>
entertainment. Besides, she was very <u>16</u> (kindness) to these animals. Now, she has done
everything that she wanted17 (do), which inspired those who dream to cheer the
achievements of <u>18</u> (woman).

9.	10.	11.	12 <b>.</b>	13.

14. \_\_\_\_\_ 15. \_\_\_\_ 16. \_\_\_\_ 17. \_\_\_ 18. \_\_\_\_

## 写作(满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

# Spenser's First Web

Spenser was a small black spider(蜘蛛). Like all of his brothers and sisters, he had eight legs to help him walk and run. He was now big enough to know how to move all his legs together and not trip over them. Spenser was getting bigger every day.

Today Spenser felt nervous. It was time for him to learn to spin(织) a web on his own. He had watched his mother build beautiful, soft webs from the silk she made herself. His mother's webs were lovely. They took a long time to make, and in the morning, they were covered with drops of dew that made them look like castles.

"OK, Spenser," said Ms. Spinney. "It's time to spin your first web. Let's begin by making a big plus sign." Ms. Spinney was Spenser's teacher. She was old and small but very strong. She quickly used her silk to make a plus sign between two nearby leaves.

Spenser was able to make silk, but he had trouble attaching it to anything. No matter how hard he tried, the threads(丝) slipped away and fell to the ground. Spenser tried hard, but he was getting tired. "Take a break, Spenser," said Ms. Spinney. "You're trying very hard, but I can see that you're getting frustrated(沮丧的)." "I'm not frustrated!" said Spenser. "I'm mad that I'm not good at it, and I'm sad that I can't do it." Spenser felt like he was going to cry. 注意:1. 续写词数应为 150 左右; 2. 请按如下格式在相应位置作答。 Ms. Spinney smiled kindly. Spenser went back to his web-making spot to see if he could do it again.